



September 2017

The New Regulations are inching ever closer! October 1, 2017 is the magic date to begin, although most providers are close to perfect at this moment.

USDA has announced that we won't be required to make deductions immediately for menu problems—with the new regulations—as long as providers are making a "good faith effort" to meet these new regulations.

A new form is attached for your use in your home. It is an **Infant Authorization for Solids**. This form is provided for you to help document when the parents are ready to begin each new food item for their infant. **You** can document following a discussion with the parents, or **they** can document whenever they want to make any updates. This isn't a form you will need to submit to CNS, but keep for us to see on home visits. We hope it will be helpful to initiate conversation about when parents are ready for anything in addition to breastmilk or formula.

Keep sending in the new enrollment forms! **All kids** need to be re-enrolled effective September 1st. Anyone without a new enrollment cannot be paid on your September claim.

Income applications are time sensitive! They must be returned with all supporting documents in that month. If the information is not in—your childcare drops to Tier II rates until all information is complete!

Jody

Best Practices

- ◆ Limit 100% fruit juices to 1 time daily.
- ◆ Select Whole Grain items. One item each day will need to be Whole Grain Rich.
- ◆ Serve only unflavored milk.
- ◆ Do not Deep Fat Fry
- ◆ No Grain-Based Desserts
- ◆ Select yogurt with <23 g sugar per 6 oz.
- ◆ Mom's can breastfeed on site and the provider receives reimbursement.
- ◆ Choose Low sugar (<6 g) cereals. Always list cereal by name brand—not "child's choice" or "cold cereal".
- ◆ Breakfast may include a meat/meat alternate in place of the grain requirement up to 3 x/week. (In October)

Contact CNS

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Child Nutrition Services, NE

New Enrollments are Effective 9/1/17!

Call CNS when you are gone from home with the children at a meal time.

Have a question about creditable food items? Call or email and ask.

New menu forms for children and infants will be coming out before October 1st. Enrollments and Attendance sheets are unchanged.

Document the first day of school on your August forms!

Brown rice, oats, oatmeal, quinoa, wild rice, are all naturally **whole grain**. Mark these items with WG when serving. Don't forget whole wheat and whole corn.

Look for the word **whole** on the label when choosing **whole gains**.

Follow the Child Nutrition Services web site www.gocns.net, Facebook and Pinterest pages.

Jody & Dean are the proud grandparents of **Violet Marie—7# 1 oz.—born on 8/8/17.**

She is grandbaby #6 —3 boys and 3 girls!



Congratulations!



Sarah Hellbusch and Brock McGee were united in marriage on June 10, 2017 in Lincoln. Sarah's Daycare in Lincoln is a Homes I. Congratulations!



Logan joined the daycare of Danielle Conners in Bee. This is her busy family! Amberlyn is 10, Damein is 5, Lillie is 3, and Logan is 2 weeks.

Congratulations to Danielle and Chaz!



In Remembrance:



Kathy True—Syracuse
1/29/63—7/17/17

September Dates to Know:

Friday, September 1st—Enrollment Forms Due!

Monday, September 4th —Labor Day—office closed—Holiday forms due 1 week prior

Tuesday, September 5th—Claims are Due

Tuesday, September 19th—Checks SHOULD BE* mailed.

Wednesday, September 20th—Bank Transfers SHOULD BE* Complete

*Dates are approximate based on information provided by the Nebraska Department of Education