



August 2018

Back to school—here we come! Of course, everyone remembers that back to school means all new enrollment forms. Begin filling out forms in August and send in when you have them completed with an effective date of 9/1/18. Look over these forms and make sure parents haven't skipped sections of the form. They need to be sure to complete days and hours of care and school times.

NEW—For School age children have parents write on the form if they will be in care on non-school days.

If you have children of your own—eligible or not—send in a new enrollment form for them to help with capacity and shift issues.

CNS providers continue to amaze me with how quickly and painlessly we

*adopted the new requirements for maintaining labels. Remember—if you have served hot dogs, chicken nuggets or fish sticks and **do not document the CN label**—they are deducted. You must have that CN label in your file. (Write CN chicken nuggets)*

October 1st is full enforcement of these new regulations! If you have questions—please call.



Updated enrollment forms required for all children.

Effective date—9/1/18. Can be submitted anytime after August 1st.

Provider's claiming online:
Watch for upcoming changes on the site.
Menus can be entered from your mobile device.

Random parent audits are conducted each month.

Parents are asked to confirm days of care.

All grains must be enriched or whole to be creditable.
Items that say simple "corn" on the ingredient label are

Interested in on-line claiming?
Call for a password!

Carefully document the food item served—especially with whole grains.

Example: A provider writes down WG corn flakes when she meant bran flakes. She doesn't have a label to show the corn flakes were WG. In October this will be a deduction.

If you find a new product and would like to share with others—let us know what you found and where.
Example—whole grain corn chips at Costco.

New infants and all re-enrollments if under 1 year....Document the formula you offer.

Leaving this blank may look like no formula was offered and trigger a parent audit.

Document the first day of school on your forms.

Best Practices/Regulations

- ◆ Limit Juices to 1 time daily (whether fruit, vegetable or combination of both).
- ◆ Select Whole Grain items. One item each day will need to be Whole Grain Rich. Mark as WG.
- ◆ Serve only unflavored milk.
- ◆ Do not Deep Fat Fry
- ◆ No Grain-Based Desserts
- ◆ Select yogurt with <23 g sugar per 6 oz.
- ◆ Mom's can breastfeed on site and the provider receives reimbursement.
- ◆ Choose Low sugar (<6 g) cereals. Always list cereal by name brand—not "child's choice" or "cold cereal".
- ◆ Breakfast may include a meat/meat alternate in place of the grain requirement up to 3 x week.

Contact CNS

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 Child Nutrition Services, NE

 Child Nutrition Services

Are you Ready?



We are almost to our goal of 10/1/18. This is the date when the new regulations will be fully enforced.

Audit your records. Make a list of all whole grains, low sugar cereals, low sugar yogurts and processed meats. Did you mark a whole grain daily? Now check your file for the labels for all these products. If any are missing—replace them and save the labels.

When you add a new product—Save that label in your file!



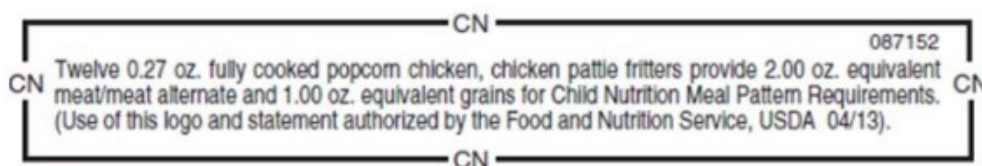
Now—you are ready!

Label—Review

What labels do you need?

1. All low sugar cereals served on your menus. Don't forget that Chex Mix is a cereal—keep this too!
2. All low sugar yogurts.
3. All whole grain items.
4. Any processed meats served. You must have a CN label (or product analysis statement)—you must document the CN label. Even if it is CN labeled product—we recommend you limit the frequency you are serving these items. Be sure to serve the correct portion.

Example:



Remember that your file of labels need to be available to a substitute provider. When you add a new product—be sure to keep the label.

August 2018 Dates to Know:

Wednesday, August 1st—Begin to complete new enrollment forms for all children.

Sunday, August 5th—Claims are Due

Monday, August 20th—Checks SHOULD BE* mailed

Tuesday, August 21st—Bank Transfers SHOULD BE* complete based on information provided by:

The Nebraska Department of Education

