



What's Cookin' Child Nutrition Services



Volume 36 Issue 13

January, 2019

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Happy New Year! Does everyone have a New Year's Resolution in mind? It's that time of year again. I hope everyone has a Safe and Happy New Year! I do want to mention that we are impressed with everyone's great attitudes with the new regulations in full effect. We appreciate your hard work! Brooke

Introduction to Solids Form

Make sure to update this form as the parent is adding in new foods that can be fed to their infant. The foods fed to infants in your care must reflect foods listed on the Introduction to Solids Form. Make sure **all** changes are noted on this form.

Product Labels, CN Labels and

Product Analysis Statements

This documentation must be updated annually. If a label or statement is more than 1 year old then you must get an updated copy for your file.

Happy Holidays!!!



Enrollment Information

Make sure **all** information is included on enrollment forms. Be specific on care hours for all children enrolled, days of care, meals present and Formula documentation for all infants enrolled. Make sure there is a parent **signature and date**.

Food Program Visits

Keep in mind that visits can be anywhere from 1 month to 5 months after your last visit. Always be prepared for a visit from CNS or NDE staff to avoid meal deductions.

Food Program Menus and Meal Attendance

These records are to be documented Day of Service.

Grains to avoid

All grains served on the USDA Food Program must be **ENRICHED** or **WHOLE**.

Corn/tortilla chips with 1st ingredient "**corn**" are **NOT** creditable grains. This may also pertain to other grains as well.

It is a USDA regulation that providers save labels for wholegrains, cereals, yogurts, processed/breaded meats served to daycare children in their care. CNS Staff will view these labels at home visits.



Holiday Form must be received in our office by **December 25th** to claim children on January 1st.

Child Nutrition Services

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Check out these **Team Nutrition Training Webinars** on Thursday's. These are approved and will count towards your 12 credit hours required for licensing. Click on Resources Order Form for Free Resources. Go to <https://www.fns.usda.gov/tn/team-nutrition> and click on Trainings and Webinars.

CACFP Halftime: Thirty on Thursdays Training Webinar Series

Join the USDA Team Nutrition for monthly training webinars on hot topics related to the CACFP Meal Pattern requirements.

Webinars will be held on Thursdays,

in English from 2:00 to 2:30 PM ET
and in Spanish from 3:00 to 3:30 PM ET.

Practice what you've learned, answer scenario-based questions for a certificate of completion and continuing education credit toward your CACFP Professionals Certification.



Here are some other training/webinar links, feel free to check them out and see if any interest you!

<https://moodle.education.ne.gov/course/index.php>

<http://eepurl.com/cc049f>

This UNL link will take you to their website which offers Teaching activities & Resources, Food Safety Education, Physical Activity Guide, Food Calendars with Recipe Ideas and much more. Check it out!

<http://food.unl.edu/fit-and-healthy-kids>

Below is a fun way to serve string cheese, have the school-agers help with decorating during Christmas break.

Here is also a cute way to serve hard boiled eggs with cooked carrots for hats!

Too cold to get outdoors. Let the kids make their own snowman out of celery sticks, raisins, cottage cheese and a carrot nose. (make sure to serve adequate amounts of each component)



January Dates to know...

Tuesday, **January 1st**—Happy New Years!!!

Saturday, **January 5th**—Claims are Due by Noon.

Thursday, **January 17th**—Checks SHOULD BE* mailed.

Friday, **January 18th**—Bank Transfers SHOULD BE* complete based on information provided by: The Nebraska Department of Education.

Monday, **January 21st**—Martin Luther King, Jr. Day.

