



# What's Cookin' Child Nutrition Services

brooke@gocns.net

april@gocns.net



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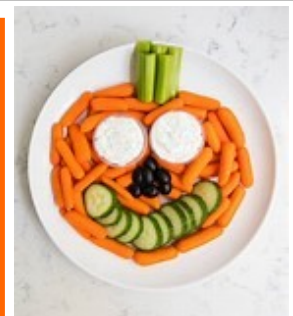
Can you believe Fall is just around the corner? Before you know it the little ones will be out Trick or Treating. I hope the weather cooperates so they can show off their costumes. Remember to try and keep your Halloween party healthy, try displaying fruits and vegetables in a festive way. The kids will enjoy helping with these foods and they will be more likely to try them if they helped with the preparation. College update—We got our youngest off to college and she is still on campus and in the class setting. I hope all schools can get back in classes soon! Brooke



Make sure to specify meat in your hotdogs on your menu.



Try using plain Greek yogurt and a ranch packet for a healthy dip.



**MEAT/MEAT** alternates can be served in place of the grain portion at Breakfast **up to 3 times per week.** (a fruit/veggie must still be served) Specify kind of meat in **hotdogs/frankfurters** and **bologna**—list if beef, chicken, pork or turkey.

Specify kind of meat in **casseroles** and **meat dishes**. For example: beef tator tot casserole.

**\*REQUIRED LABELS**—As you are saving labels for all **wholegrains, cereals, yogurts** and **processed meats** served, make sure to replace labels to avoid expired labels. CNS staff will review these labels at visits and desk reviews.

**\*CN LABEL AND PRODUCT ANALYSIS STATEMENTS** are required for all commercially breaded or prepared meat products/dishes. Serve hotdogs and bologna that **do not contain** fillers/by products and specify kind of meat on menus. If serving **CN label** breaded meats make sure to mark on your menu as CN fish sticks or CN chicken nuggets, etc.

**CLOSING UNEXPECTEDLY**—If you close due to an emergency or illness before serving a wholegrain for the day, you must document the situation on your menus to avoid deductions.

**INFANT DOCUMENTATION**—Providers must specify on the enrollment form the brand of formula offered.

**Cookies, cakes, cupcakes, pop tarts, donuts, cinnamon rolls, pies, cobblers, brownies, vanilla wafers, bread pudding, cereal bars, granola bars and any type of dessert items are NOT allowed and will be deducted if served.**

**\* Do NOT deep fat fry!**

**\*No Grain Based Desserts are to be Served!**

**\*Serve only Unflavored Milk!**



Child Nutrition Services  
1-402-806-4477

1818 Court Street, Suite 3  
[www.gocns.net](http://www.gocns.net)

Beatrice, NE 68310  
1-800-927-7122





**Refer a friend to CNS and receive a referral gift!**



**New Income Guidelines**

Effective July 1, 2020

Let us know if you would like to see if you qualify for the higher Reimbursement rate and we will mail you an income application to complete and return to our office.



**Watch our Facebook page for...**

- Online Trainings Opportunities
- Activities & Recipes, Updates on our Workshops by Zoom
- Like us on Facebook
- Child Nutrition Services, NE**

**RENEW ENROLLMENTS**—All enrollments are to be renewed **Effective 9/1/2020.** You should have all started having parents fill these out and send them in with your September claim. We can not reimburse for September meals with out an updated enrollment form. Make sure to have parent’s list school start and end dates, along with Grade and name of school attending. A child is not considered School age until they are attending Kindergarten. If a child is doing **Virtual Learning** while in your care, have the parent specify this on the enrollment form or send a separate note stating start and end date.

**Desk Reviews due to COVID-19**— Menus and Attendance are to be documented day of service. Brooke, April or Renae will be contacting you to complete your desk review by phone. We will request forms and labels to be sent to us by text message or email. If you are closed, please let us know. Your desk review may be unannounced.

**If you are low on forms, let us know and we will get some mailed to you.**

**Practice good handwashing and clean surfaces often to help avoid the spread of germs and viruses.**



**October Dates to know...**

Monday, **October, 5th** —**Claims are Due!**

Monday, **October 12th**—**Columbus Day!**

Tuesday, **October 20th**— Checks **SHOULD BE\*** mailed.

Wednesday, **October 21st**—Bank Transfers **SHOULD BE\*** complete based on information provided by: The Nebraska Department of Education.

Saturday, **October 31st**—**Happy Halloween!**

